

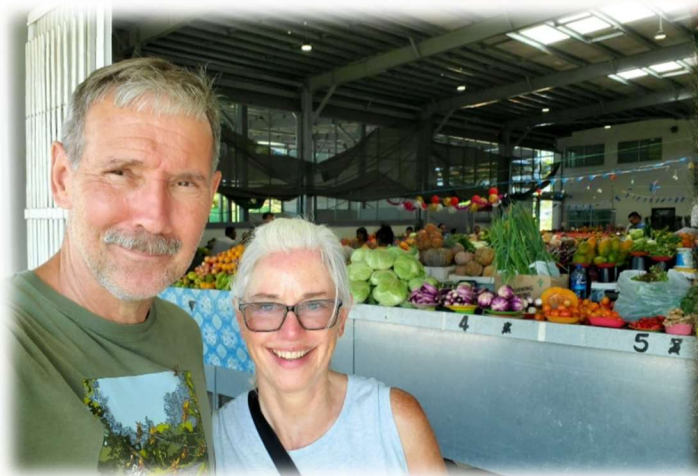
24 Stopped @ New Farmers market on the way.

To Garden of the Sleeping Giant.

United Nations Day

THURSDAY After breakfast we got ready to go to the Orchid Garden started by Raymond Burr. Very beautiful. R, M, A, N, M hiked up to the Lookout and had beautiful views. Saw a fire on a nearby hillside. They gave us yummy cold fruit juice. Then back to Nadi. Had lunch at a Chinese Restaurant called L.C. Very good. Went grocery shopping @ Max Value. Got Bongos! Home to Suva.

25 R, M, A, N, M ate in! salad & cheese & crackers & mango sorbet





Garden of the Sleeping Giant









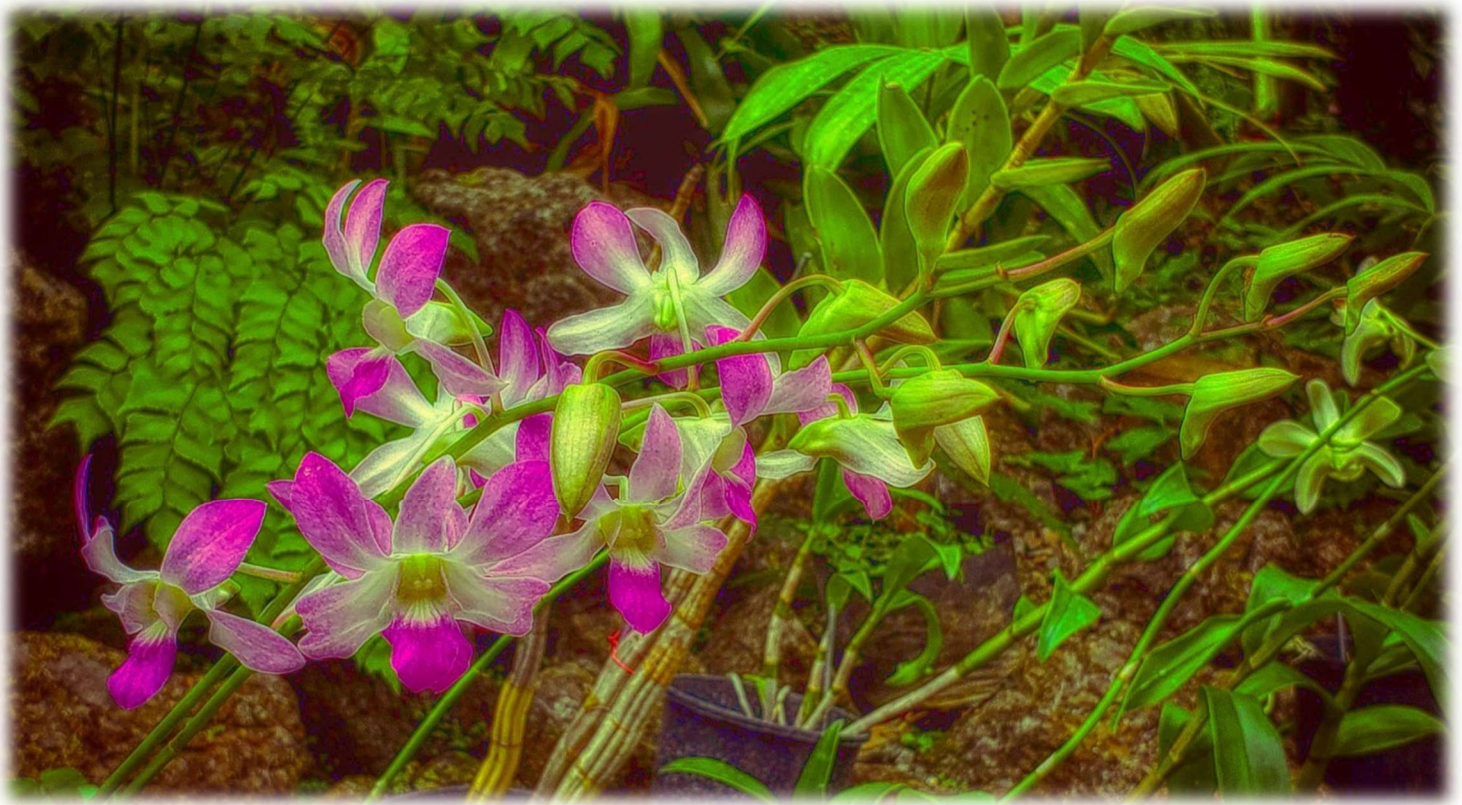






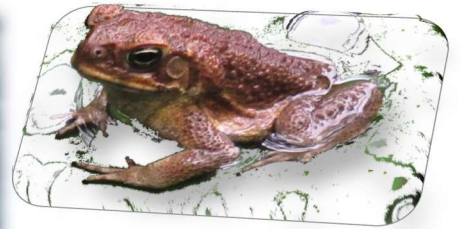
So much
to see!





So many pictures and so few pages...Time to turn our attention to the after-hike at Garden of the Sleeping Giant. We enjoyed a nice drink at the Sleeping Giant and moved on up the road a bit to revisit Rise Beyond the Reef.





Ladies shopped, men bought beer and then sat around...as is our way.





The Sour Sop (above right): Per someplace on the internet: These strange alien-like fruits seem a bit jarring at first but pack a delicious flavor punch that will keep you coming back for more. The Fijian sour sop grows verdantly from the months of June through September. The spiny texture on the outside is similar to a pineapple while the flesh itself is a bit like an avocado. These fruits make excellent desserts, cocktails, and even soft drinks. Fijians also make it into sorbets, jams, jellies, and other fruit preserves. The fruit itself is rich with vitamins and anti-oxidants that truly make this Fijian fruit a must-try on your next trip.

We did not see it like this. In fact, our evening meal of crackers, cheese, salad, fruit and wine (and beer!) did not include the sour sop. In fact, it eventually found its way into the garbage can.

